

PROJECT ABSTRACT

Money Follows the Person Rebalancing Demonstration

HHS-2007-CMS-RCMFTP-0003

Total Budget –\$62,370,169

The Department of Medical Assistance Services, in collaboration with the Office of Community Integration for People with Disabilities, the Office of the Secretary of Health and Human Resources, numerous state agencies, and other stakeholders have collaborated to develop the application for the Money Follows the Person (MFP) Demonstration Grant from the Centers for Medicare and Medicaid Services (CMS). The Demonstration's vision is to create a system of long-term services and supports that enables available funds to "follow the person" by supporting individuals who choose to transition from long-term care institutions into the community. This grant will support Virginia's implementation of the Olmstead decision and will complement the efforts of the recently awarded Systems Transformation Grant that aims to improve the infrastructure for community-based long-term support services.

The MFP Demonstration goals include:

- Goal 1.** Rebalancing Virginia's long-term support system, giving individuals more informed choices and options about where they live and receive services;
- Goal 2.** Transitioning individuals from institutions (Intermediate Care Facilities for the Mentally Retarded (ICFs/MR), nursing facilities (NF), and long stay hospitals (LSH)) who want to live in the community; and
- Goal 3.** Promoting quality care through long-term support services that are person centered, appropriate, and needs based, ensuring continual improvement is made through a quality management strategy for HCBS settings and institutions.

At the end of the MFP Demonstration, it is anticipated that Virginia will have:

- Successfully transitioned 2,064 individuals from NFs, ICFs/MR, and LSHs.
- Included transition funding (lifetime \$5,000 limit) within each HCBS waiver;
- Created a consumer directed (CD) supported employment option for some HCBS waivers;
- Incorporated additional services into the existing HCBS waivers;
- Employed transition coordinators to assist in moving individuals out of institutions;
- Developed a community living supplement and supplemental home modification assistance (including payment of rent during the home modification period); and
- Established a cadre of stakeholders that will sustain the efforts of the demonstration beyond the life of the grant.

Virginia will build on its success in multi level reform, stakeholder commitment, legislative and executive support, and statewide system transformation planning efforts to ensure the success of the Demonstration. The prior accomplishments of current Real Choice Systems Change grants' activities will be integrated with the activities of the MFP Demonstration to create a solid framework to maximize outcomes. The project will move Virginia closer to a rebalanced long-term support system that promotes choice, quality, and flexibility.